

Relationships – Taught Knowledge

EYFS

Know what a family is
Know that different people in a family have different responsibilities (jobs)
Know some of the characteristics of healthy and safe friendships
Know that friends sometimes fall out
Know some ways to mend a friendship
Know that unkind words can never be taken back and they can hurt
Know how to use Jigsaw's Calm Me to help when feeling angry
Know some reasons why others get angry

KS1

Y1
Know that everyone's family is different
Know that families are founded on belonging, love and care
Know that physical contact can be used as a greeting
Know how to make a friend
Know who to ask for help in the school community
Know that there are lots of different types of families
Know the characteristics of healthy and safe friends
Know about the different people in the school community and how they help

Y2

Know that there are lots of forms of physical contact within a family
Know how to stay stop if someone is hurting them
Know there are good secrets and worry secrets and why it is important to share worry secrets
Know what trust is
Know that everyone's family is different
Know that families function well when there is trust, respect, care, love and co-operation
Know some reasons why friends have conflicts
Know that friendships have ups and downs and sometimes change with time
Know how to use the Mending Friendships or Solve it together problem-solving methods

**LKS
2**

Y4

Know some reasons why people feel jealousy
Know that loss is a normal part of relationships
Know that negative feelings are a normal part of loss
Know that sometimes it is better for a friendship/relationship to end if it is causing negative feelings or is unsafe
Know that jealousy can be damaging to relationships
Know that memories can support us when we lose a special person or animal

Y3

Know that different family members carry out different roles or have different responsibilities within the family
Know some of the skills of friendship, e.g. taking turns, being a good listener
Know some strategies for keeping themselves safe online
Know that they and all children have rights (UNCRC)
Know that gender stereotypes can be unfair, e.g. Mum is always the carer, Dad always goes to work etc
Know how some of the actions and work of people around the world help and influence my life
Know the lives of children around the world can be different from their own

**UKS
2**

Y5

Know that there are rights and responsibilities in an online community or social network
Know that there are rights and responsibilities when playing a game online
Know that too much screen time isn't healthy
Know how to stay safe when using technology to communicate with friends
Know that a personality is made up of many different characteristics, qualities and attributes
Know that belonging to an online community can have positive and negative consequences

Y6

Know that it is important to take care of their own mental health
Know ways that they can take care of their own mental health
Know the stages of grief and that there are different types of loss that cause people to grieve
Know that sometimes people can try to gain power or control them
Know some of the dangers of being 'online'
Know how to use technology safely and positively to communicate with their friends and family