

Celebrating Difference – Social and Emotional Skills

EYFS

Recognise emotions when they or someone else is upset, frightened or angry
Identify and use skills to make a friend
Identify some ways they can be different and the same as others
Identify and use skills to stand up for themselves

KS1

Y1
Identify what is bullying and what isn't
Understand how being bullied might feel
Recognise ways in which they are the same as their friends and ways they are different
Know ways to help a person who is being bullied

Y3

Use the 'Solve it together' technique to calm and resolve conflicts with friends and family
Be able to 'problem-solve' a bullying situation accessing appropriate support if necessary
Be able to show appreciation for their families, parents and carers
Empathise with people who are bullied
Employ skills to support someone who is bullied

LKS 2

Y2

Explain how being bullied can make someone feel
Know how to stand up for themselves when they need to
Understand that everyone's differences make them special and unique
Understand that boys and girls can be similar in lots of ways and that is OK
Understand that boys and girls can be different in lots of ways and that is OK

Y4

Be comfortable with the way they look
Try to accept people for who they are
Be non-judgemental about others who are different
Identify influences that have made them think or feel positively/negatively about a situation
Identify feelings that a bystander might feel in a bullying situation
Identify reasons why a bystander might join in with bullying
Revisit the 'Solve it together' technique to practise conflict and bullying scenarios

UKS 2

Y5

Appreciate the value of happiness regardless of material wealth
Identify their own culture and different cultures within their class community
Identify their own attitudes about people from different faith and cultural backgrounds
Develop respect for cultures different from their own
Identify a range of strategies for managing their own feelings in bullying situations
Identify some strategies to encourage children who use bullying behaviours to make other choices
Be able to support children who are being bullied

Y6

Empathise with people who are different and be aware of my own feelings towards them
Identify feelings associated with being excluded
Be able to recognise when someone is exerting power negatively in a relationship
Be able to vocalise their thoughts and feelings about prejudice and discrimination and why it happens
Use a range of strategies when involved in a bullying situation or in situations where difference is a source of conflict